

## ADAPT FITNESS (ATHLETIC DEVELOPMENT) RATES

PROGRAMMING	DROP-IN RATES	MEMBERSHIP PACKAGES
<b>"YESTERDAY'S PRICE IS NOT TODAY'S PRICE!" - FAT JOE</b>	NON-MEMBERS CAN NOT ACCESS PACKAGES OR DISCOUNTS	ASK ABOUT CUSTOMIZED PACKAGES AVAILABLE FOR PURCHASE
MODERN ATHLETIC DEVELOPMENT (MAD - TECH-DRIVEN FITNESS CLASSES) (TEENS/ADULTS) (60 MIN.)	<b>\$30/CLASS</b>	<b>8 MONTHLY ENTRIES THEN: PER CLASS: \$20 (STANDARD); \$10 (DAY ONES)</b>
ATHLETIC DEVELOPMENT/VERTIMAX TRAINING (GROUP CLASSES, SPORTS-SPECIFIC WHEN INDICATED) (~5 - 8 ATHLETES PER COACH) (3RD - 12TH GRADERS) (30 MIN.)	<b>\$45/CLASS</b>	<b>\$20 (STANDARD); \$10 (DAY ONES)</b>
ATHLETIC DEVELOPMENT/VERTIMAX TRAINING (PRIVATE LESSONS) (1ST - 12TH GRADERS) (30 MIN.)	<b>\$75/LESSON</b>	<b>\$50 (STANDARD); \$40 (DAY ONES)</b>

**NO QUESTION IS TOO SIMPLE OR COMPLEX!  
CONTACT US FOR CONSULTATION OR INQUIRIES REGARDING  
OUR PROGRAMMING, MEMBERSHIPS & PACKAGES  
SO YOU CAN START ADAPT-ING WITH US!**

**PROMO: 25% OFF ALL PROGRAMMING/PACKAGES & MORE FOR DAY ONES MEMBERS!  
CHECK OUT THE LINK BELOW FOR DETAILS SO YOU CAN SAVE BIG ON ELITE TRAINING**

**Website: [www.adaptsportfit.com/dayones](http://www.adaptsportfit.com/dayones)**

**Email: [info@adaptbasketball.com](mailto:info@adaptbasketball.com)**

**Business Line: (866) 232-7830**

**ADAPT30**