

# ADAPT SPORTS & FITNESS (AMENITIES) RATES

PROGRAMMING	DROP-IN RATES	MEMBERSHIP PACKAGES
"YESTERDAY'S PRICE IS NOT TODAY'S PRICE!" - FAT JOE	NON-MEMBERS CAN NOT ACCESS PACKAGES OR DISCOUNTS	ASK ABOUT CUSTOMIZED PACKAGES AVAILABLE FOR PURCHASE
<b>DIY SHOOTING (BASKETBALL) (300+ SHOTS PER SESSION):</b>		
<b>SOLO SHOOTING 1 SHOOTER/STATION (30 MIN.)</b>		
MINOR STATIONS (AGES 6-11)	\$10/SESSION	\$30 (BUY 3 SESSIONS, GET 1 FREE!)
MAJOR STATIONS (AGES 11+)	\$20/SESSION	\$60 (BUY 3 SESSIONS, GET 1 FREE!)
MEGA STATIONS (AGES 11+)	\$25/SESSION	\$75 (BUY 3 SESSIONS, GET 1 FREE!)
<b>TRIO SHOOTING UP TO 3 SHOOTERS/STATION</b>		
MINOR STATIONS (AGES 6 - 11) (30 MIN.)	\$5/SHOOTER	\$15 (BUY 3 SESSIONS, GET 1 FREE!)
MAJOR STATIONS (AGES 11+) (60 MIN.)	\$15/SHOOTER	\$60 (BUY 4 SESSIONS, GET 2 FREE!)
MEGA STATIONS (AGES 11+) (60 MIN.)	\$25/SHOOTER	\$100 (BUY 4 SESSIONS, GET 2 FREE!)
<b>WELLNESS PROGRAMMING (OFFERED THROUGHOUT DFW METRO)</b>		
NORMATEC/RECOVERY ZONE	TBD	TBD
CRYOTHERAPY	TBD	TBD
STRETCHING SESSIONS	TBD	TBD
SPORTS MASSAGE & BODY WORK	TBD	TBD

**NO QUESTION IS TOO SIMPLE OR COMPLEX!  
CONTACT US FOR CONSULTATION OR INQUIRIES REGARDING  
OUR PROGRAMMING, MEMBERSHIPS & PACKAGES  
SO YOU CAN START ADAPT-ING WITH US!**

**PROMO: 25% OFF ALL PROGRAMMING/PACKAGES & MORE FOR DAY ONES MEMBERS!  
CHECK OUT THE LINK BELOW FOR DETAILS SO YOU CAN SAVE BIG ON ELITE TRAINING**

**Website: [www.adaptsportfit.com/dayones](http://www.adaptsportfit.com/dayones)**

**Email: [info@adaptbasketball.com](mailto:info@adaptbasketball.com)**

**Business Line: (866) 232-7830**

**ADAPT30**