

ADAPT SPORTS & FITNESS MEMBERSHIP COMPARISON CHART

PERKS	STANDARD	DAY ONES
ABILITY TO PURCHASE ALL PACKAGES	X	X
GUARANTEED LOW(EST) RATES	X	X (20%+ CHEAPER THAN NON-MEMBERS)
GRANDFATHERED MEMBERSHIP DUES	X	X
ACCOUNT CREDIT MEMBERSHIP DUES DO NOT EXPIRE AND CAN BE USED WHEN CLIENT CHOOSES	X	X
FAMILY MEMBERSHIP SIGN-UP OPTION (10 MONTHLY COMPOSITE LARGE GROUP CLASSES - NO ACCOUNT CREDIT CONVERSION - READ DETAILS BELOW)	X	X
INDIVIDUAL MEMBERSHIP SIGN-UP OPTION (PAYMENTS CONVERTED INTO ACCOUNT CREDIT TO "BUY INTO" LOWER RATES - READ DETAILS BELOW)	X	X
PROMOTIONAL OFFERS/DISCOUNTS*	X (PERIODICALLY OFFERED)*	X (PERIODICALLY OFFERED)*
MULTI-SIBLING DISCOUNTS (EACH ADDITIONAL SIBLING FOR DROP-IN RATES; SAME-DAY OR SAME-WORKOUT)	X (25%)	X (25%)
OCCASIONAL MEMBERS-ONLY PROGRAMMING	X	X (SOMETIMES DAY ONES-ONLY)
PRIORITY BOOKING FOR SPECIAL PROGRAMMING (CERTAIN AMOUNT OF DAYS PRIOR TO OTHER CLIENTS)	X (OVER NON-MEMBERS)	X (OVER STANDARD MEMBERS)
ACCOUNT CREDIT EARNED FOR CLIENT REFERRALS (ONCE A PROSPECT SIGNS UP FOR ANY MEMBERSHIP TIER AND MAKES THEIR 1ST PAYMENT)	10 USD	25 USD
FREE WORKOUTS/OPEN GYMS		X (PROMO/RAFFLES - SELECT PROGRAMMING)
EXCLUSIVE PROGRAMMING		X (SPECIAL EVENTS, PANEL DISCUSSIONS, ETC.)
MEMBERSHIP COST	200 USD MONTHLY**	QUARTERLY PAYMENTS OF 450 USD (+ 50 USD BONUS ACCOUNT CREDIT)**

*DISCOUNTS ARE BASED ON DROP-IN RATES AND PACKAGES WITHIN OUR PRICING STRUCTURE.

PROMOTIONAL OFFERS CAN BE COMBINED WITH OTHER DISCOUNTS AND PROMOTIONS. DAY ONES IS A PROMOTIONAL MEMBERSHIP THAT ENDS OCTOBER 12, 2026 @ 11:59PM CST (THE DAY OF OUR COMPANY'S ANNIVERSARY!). DAY ONES MEMBERSHIPS ARE LOCKED INTO OUR GUARANTEED LOWEST RATES AT THE TIME OF SIGNING UP EVEN IF THEY PAUSE PAYMENTS! STANDARD MEMBERSHIPS CAN BE FROZEN UP TO 3 MONTHS ONCE WITHIN A SPAN OF A YEAR BEFORE FORFEITING ANY GRANDFATHERED RATES/PACKAGES (CONTACT US); IF STANDARD MEMBERS DO NOT RESUME PAYMENTS, THEY WILL BE RELEGATED TO CURRENT MEMBER AND NON-MEMBER RATES. ANY ACCUMULATED FUNDS REMAIN IN ONE'S ACCOUNT.

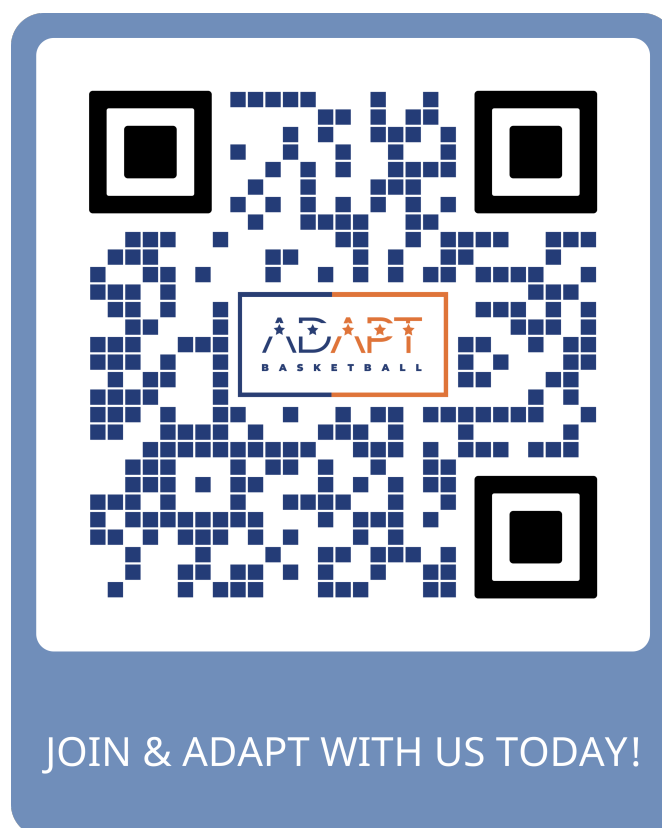
**STANDARD MEMBERSHIPS ARE MONTH-TO-MONTH PAYMENTS OF \$200. OUR DAY ONES MEMBERSHIP IS A PROMOTIONAL ANNUAL MEMBERSHIP (DEADLINE TO SIGN UP IS OCTOBER 12, 2026 @ 11:59PM CST) WITH GUARANTEED LOWEST RATES AND EXCLUSIVE PERKS! CLIENTS CAN OBTAIN THIS MEMBERSHIP WITH QUARTERLY PAYMENTS OF \$450 + \$50 QUARTERLY BONUS ACCOUNT CREDIT TO SPEND WITH ADAPT! THERE IS AN OPTION ON OUR WEBSITE TO PURCHASE AN INDIVIDUAL MEMBERSHIP WHICH CONVERTS PAYMENTS INTO ACCOUNT CREDIT. THE OTHER IS OUR "FAMILY OPTION" MEMBERSHIP THAT GIVES YOU 8 COMPOSITE LARGE GROUP CLASSES (\$320+ MONTHLY VALUE!). EITHER WAY, CLIENTELE ENJOY ALL OF THE PERKS AND DISCOUNTS ACCORDING TO THEIR MEMBERSHIP TIER.

• PACKAGES AND DROP-IN RATES ARE SUBJECT TO CHANGE ON THE BASIS OF SPORT/ACTIVITY OR LEVEL OF COACHING OFFERED (MEMBERS RECEIVE GRANDFATHERED RATES/PACKAGES WITH PERPETUAL RECURRING PAYMENTS). AFTER EACH MONTH, UNUSED ENTRIES TO WORKOUTS DO NOT ACCUMULATE. TYPICALLY, PACKAGES HAVE AN EXPIRATION DATE OF 6 - 12 WEEKS FROM THE TIME OF PURCHASE. ALL WORKOUTS WITHIN PACKAGES MUST BE COMPLETED BEFORE EXPIRATION DATE (NO EXCEPTIONS).

IMPORTANT NOTE: CLIENTS WITH TRANSACTIONS AT LEAST \$500 ARE ELIGIBLE FOR PAYMENT PLANS. PLEASE CONTACT US TO ARRANGE PAYMENT PLANS. ACCOUNT CREDIT (REFERRALS, GIVEAWAYS, ETC.) MAY BE USED TO COVER PART OF THE BALANCE AT CHECKOUT EXCEPT MEMBERSHIP DUES.

• WHILE WE ARE IN THE PROCESS OF RELOCATING AND FINDING THE IDEAL PERMANENT LOCATION(S), WE OFFER MOBILE SERVICES IN THE FORM OF HOME VISITS, OFF SITE TRAINING (GYMS NEAR CLIENTS), SCHOOL EVENTS, AND WORKOUTS FOR GROUPS/TEAMS/ORGANIZATIONS. PLEASE CONTACT US TO FIND OUT MORE DETAILS AND RECEIVE A QUOTE.

• THROUGHOUT THE YEAR, THERE WILL BE OFFERINGS OF DIVERSE PROGRAMMING SUCH AS CAMPS, CLINICS, LEAGUES, HERSDAY THURSDAYS (ALL-FEMALE PROGRAMMING ON SELECT THURSDAYS!), AND PARENTS/FAMILY NIGHT OUT. THIS CHART REPRESENTS MOST OF OUR CONSISTENT PROGRAMMING.



**NO QUESTION IS TOO SIMPLE OR COMPLEX!
CONTACT US FOR CONSULTATION OR INQUIRIES REGARDING
OUR PROGRAMMING, MEMBERSHIPS & PACKAGES!**

Website: www.adaptsportfit.com/dayones

Email: info@adaptbasketball.com

Business Line: (866) 232-7830

ADAPT30

DFW (HQ COMING SOON!) — MOBILE (REMOTE/HOME VISITS) — VIRTUAL (CLASSES/LESSONS/FILM)