## **ADAPT FITNESS (ATHLETIC DEVELOPMENT) RATES (REV. 12/2022)**

PROGRAMMING	DROP-IN RATES	MEMBERSHIP PACKAGES/DISCOUNTS
"NEW-TO-DFW" PROMO RATES AVAILABLE THROUGH 10/12/23! SIGN UP NOW TO RECEIVE BIG	NON-MEMBERS CAN NOT RECEIVE PACKAGES OR DISCOUNTS*. ALL RATES ARE SUBJECT TO	ADAPT MEMBERS ARE LOCKED INTO RESPECTIVE RATES (GRANDFATHERED IN) FROM THE DAY THEY SIGN UP! ASK ABOUT
DEALS ON ELITE TRAINING!	CHANGE.	CUSTOMIZED PACKAGES & PAYMENT PLANS!
MODERN ATHLETIC DEVELOPMENT (MAD CLASSES - TECH-DRIVEN FITNESS) (TEENS/ADULTS) (45/60 MIN.)	\$30/CLASS	3 MONTHLY ENTRIES THEN/OR*: PER CLASS: \$25 (STANDARD); \$15 (DAY ONES)
ATHLETIC DEVELOPMENT/VERTIMAX TRAINING (GROUP CLASSES, SPORTS- SPECIFIC WHEN INDICATED) (~5 - 8 ATHLETES PER COACH) (3RD - 12TH GRADERS) (30 MIN.)	\$45/CLASS	\$35 (STANDARD); \$25 (DAY ONES)
ATHLETIC DEVELOPMENT/VERTIMAX TRAINING (PRIVATE LESSONS) (1ST - 12TH GRADERS) (30 MIN.)	\$75/LESSON	\$60 (STANDARD); \$40 (DAY ONES)

\*STANDARD MEMBERSHIPS ARE MONTH-TO-MONTH PAYMENTS OF \$200. OUR DAY ONES MEMBERSHIP IS A PROMOTIONAL ANNUAL MEMBERSHIP (DEADLINE TO SIGN UP IS OCTOBER 12, 2023 @ 11:59PM CST) WITH GUARANTEED LOWEST RATES AND EXCLUSIVE PERKS! CLIENTS CAN OBTAIN THIS MEMBERSHIP WITH QUARTERLY PAYMENTS OF \$450 + \$50 QUARTERLY ACCOUNT CREDIT TO SPEND WITH ADAPT! THERE IS AN OPTION ON OUR WEBSITE TO PURCHASE AN INDIVIDUAL MEMBERSHIP WHICH CONVERTS PAYMENTS INTO ACCOUNT CREDIT IN CASE OUR FAMILY MEMBERSHIP OF 10 COMPOSITE LARGE GROUP CLASSES (~\$20-\$25/CLASS - \$350+ MONTHLY VALUE!) ARE OF NO INTEREST OR IF AN INDIVIDUAL CHOOSES TO SIGN UP FOR SPECIFIC PROGRAMMING. EITHER WAY, CLIENTELE ENJOY ALL OF THE PERKS AND DISCOUNTS ACCORDING TO THEIR MEMBERSHIP TIER.

## **NO QUESTION IS TOO SIMPLE OR COMPLEX!**

CONTACT US FOR CONSULTATION OR INQUIRIES REGARDING OUR PROGRAMMING, MEMBERSHIPS & PACKAGES SO YOU CAN START ADAPT-ING WITH US!

PROMO: 20% - 50%+ OFF ALL PROGRAMMING/PACKAGES FOR DAY ONES MEMBERS! CHECK OUT THE LINK BELOW FOR DETAILS SO YOU CAN SAVE BIG ON ELITE TRAINING.

Website: <a href="www.adaptsportfit.com/dayones">www.adaptsportfit.com/dayones</a>
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Business Line: (866) 232-7830

ADAPT30

DFW (HQ COMING SOON!) — MOBILE (REMOTE/HOME VISITS) — VIRTUAL (CLASSES/LESSONS/FILM)