

ADAPT SPORTS & FITNESS (AMENITIES) RATES

PROGRAMMING	DROP-IN RATES	MEMBERSHIP PACKAGES
“NEW-TO-DFW” PROMO RATES AVAILABLE THROUGH 10/12/23! SIGN UP NOW TO RECEIVE BIG DEALS ON ELITE TRAINING!	NON-MEMBERS CAN NOT RECEIVE PACKAGES OR DISCOUNTS. ALL RATES ARE SUBJECT TO CHANGE.	ADAPT MEMBERS ARE LOCKED INTO RESPECTIVE RATES (GRANDFATHERED IN) FROM THE DAY THEY SIGN UP! ASK ABOUT CUSTOMIZED PACKAGES & PAYMENT PLANS!
DIY SHOOTING (BASKETBALL) (300+ SHOTS PER SESSION):		
SOLO SHOOTING 1 SHOOTER/STATION (30 MIN.)		
MINOR STATIONS (AGES 6-11)	\$10/SESSION	\$30 (BUY 3 SESSIONS, GET 1 FREE!)
MAJOR STATIONS (AGES 11+)	\$20/SESSION	\$60 (BUY 3 SESSIONS, GET 1 FREE!)
MEGA STATIONS (AGES 11+)	\$25/SESSION	\$75 (BUY 3 SESSIONS, GET 1 FREE!)
TRIO SHOOTING UP TO 3 SHOOTERS/STATION		
MINOR STATIONS (AGES 6 - 11) (30 MIN.)	\$5/SHOOTER	\$15 (BUY 3 SESSIONS, GET 1 FREE!)
MAJOR STATIONS (AGES 11+) (60 MIN.)	\$15/SHOOTER	\$60 (BUY 4 SESSIONS, GET 2 FREE!)
MEGA STATIONS (AGES 11+) (60 MIN.)	\$25/SHOOTER	\$100 (BUY 4 SESSIONS, GET 2 FREE!)
WELLNESS PROGRAMMING (OFFERED THROUGHOUT DFW METRO)		
NORMATEC/RECOVERY ZONE	TBD	TBD
CRYOTHERAPY	TBD	TBD
STRETCHING SESSIONS	TBD	TBD
SPORTS MASSAGE & BODY WORK	TBD	TBD

**NO QUESTION IS TOO SIMPLE OR COMPLEX!
CONTACT US FOR CONSULTATION OR INQUIRIES REGARDING
OUR PROGRAMMING, MEMBERSHIPS & PACKAGES
SO YOU CAN START ADAPT-ING WITH US!**

**PROMO: 20% - 50%+ OFF ALL PROGRAMMING/PACKAGES FOR DAY ONES MEMBERS!
CHECK OUT THE LINK BELOW FOR DETAILS SO YOU CAN SAVE BIG ON ELITE TRAINING.**

Website: www.adaptsportfit.com/dayones

Email: info@adaptbasketball.com

Business Line: (866) 232-7830

ADAPT30

DFW (HQ COMING SOON!) — MOBILE (REMOTE/HOME VISITS) — VIRTUAL (CLASSES/LESSONS/FILM)